## **Bolton Carers Support**

## October 2025 Carers Bulletin

www.boltoncarers.org.uk



### Changes to our Service

Our 2-year Volunteer Coordinator project ends on 8th October 2025. This means that Lynn's role has come to an end. However, our Volunteers will still be helping in any way they can – thank you to our amazing volunteers!

Our National Lottery project funding comes to an end on 31st October 2025. This means that Peter's work as Activities Coordinator, Christine's work as Financial Wellbeing Worker, and Zoe's role as Outreach Worker will come to an end. Zoe will be continuing in another capacity, so will still be out and about in the community after the 31st October. We are awaiting news on a further National Lottery funding application and will keep you updated on this. In the meantime, please contact our helpline or look out for any future activities/events in our bulletins and website.

We want to say a big thank you to Lynn and Christine for their valuable work, and an extra BIG thank you to Peter who, as many of you know, has been with us for many years!!

#### **Bolton Carers Support Annual General Meeting**

Our AGM will be held in the Crescent Room at the Octagon Theatre on Thursday 20th November. The AGM will start at 2pm and will be followed by an open drop in until 4pm for carers to chat and find out more about our service. Please register your interest in attending by ringing our helpline 01204 363056 or emailing info@boltoncarers.org.uk

### **Carers Rights Day**

We have an exciting Carers Rights Day event happening this year 11am – 1pm Thursday 20th November in Bolton Town Centre – keep this time free on your calendar and we will share more information in our next bulletin!

## Special Celebration Lunch - Wednesday 22<sup>nd</sup> October

Our current funding for running events and outings ends at the end of October. However, we are looking at ways in bringing carers and cared for together in other ways depending on future funding.

In the meantime, we have arranged a special lunch to celebrate the achievements of this particular project over the last few years.

The lunch, which will take place at the Holiday Inn at 12.30pm on Wednesday 22<sup>nd</sup> October and will be open to carers, and carer & cared for to attend for the price of just £10 per person.

There will be an excellent 2-course lunch and as a special treat we will be entertained by the amazing vocalist, John Norcott.

This will be the last event that Peter will organise with Bolton Carers Support as he is retiring on 31st October, it would be great to see some of the many carers he has met over the last 18  $\frac{1}{2}$  years.

Places are sure to book up quickly, so to secure your place, please ring our Helpline on 01204 363056, between 10am and 4pm, Monday to Thursday.

We look forward to welcoming you then.



## Community Garden at Daisy Hill Community Centre

Tuesday 7<sup>th</sup> October 11am at Daisy Hill CC Community Garden,

Come along for pasties/drinks and to find out more about this brilliant new initiative to bring people together and give you, as carers, a bit of 'me time'.



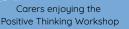
#### International Day of Older People

International Day of Older People is marked each year on 1 October, it is a chance to celebrate the contributions older people make to our communities. Many take on vital roles as unpaid carers, providing support that is often unseen but deeply valued by families and society. Alongside working, volunteering and community involvement, their caring role strengthens connections across generations and helps build a sense of belonging. This day reminds us of the importance of recognising and supporting older people, especially unpaid carers, whose dedication makes a lasting difference to the wellbeing of others.

Why not pop along to one of our carers Hubs between 1<sup>st</sup> & 10<sup>th</sup> October to celebrate International Day of Older People

There are lots of activities happening during the week please see Bolton Council Website for further information.







Volunteers supporting our Hospital Project

## Save the Date Carers Wellbeing Morning

Mill Coffee House, Bury New Road Thursday 13<sup>th</sup> November 10.30-12.30pm

Join us on Zoom!

Carers Quiz on

Zoom

Every Thursday

11.30-12.30pm

# Positive Thinking Workshop

14<sup>th</sup> October 12-2pm Thicketford Centre £10



#### Carers Hubs

**Daubhill** Church of the Nazarene BL3 3PU Wednesday 8<sup>th</sup> October 11-12.30

**Tonge Moor** UCAN Centre Every Monday 11-12noon

**Westhoughton** Robert Shaw Pub Monday 20<sup>th</sup> October 10.30-11.30

**Breightmet** Mill Coffee House Bury New Rd Thursday 9<sup>th</sup> October 11-12noon

**Little Lever** Christ Church Mytham Rd Wednesday 15<sup>th</sup> October 11-12

**Kearsley** Methodist Church, Manchester Rd Tuesday 14<sup>th</sup> October 10.30-11.30

**Harwood** Methodist Church, Longsight Lane Wednesday 8<sup>th</sup> & 15<sup>th</sup> October 1-2pm

If you would like to book on to any of our events or hubs please call our Helpline on 01204 363056 Monday-Thursday 10-4pm or email info@boltoncarers.org.uk Booking is essential to secure your spot!