



# The Woodland Trust and City of Trees

## Dementia Friendly Walks 2024

Join us for a leisurely stroll through the Smithills Estate and take in the natural beauty around you. Afterward, we'll head inside to participate in a nature-themed activity and chat over some tea and coffee.

11.00am - Thursday 10th October at **Smithills Hall**  
Fungi ID and Leaf printing

11.00am - Thursday 14th November at Smithills Hall  
Habitats and hibernation and pinecone painting

11.00am - Thursday 12th December at Barrow Bridge Mission  
Nature Folke and festive ornament

If you have any questions, please contact us:  
[smithillsestate@woodlandtrust.org.uk](mailto:smithillsestate@woodlandtrust.org.uk)



City  
of Trees



WOODLAND  
TRUST

The Woodland Trust, Kempton Way, Grantham, Lincolnshire NG31 6LL.

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