



# Dr Uddin, Dr Anwar & Dr Munawar Halliwell Surgery Practice Newsletter Spring Newsletter 2017

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## **Drs Uddin, Anwar & Munawar**

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Bolton**

**BL1 3RG**

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01204 382326**

**Fax: 01204 384204**

**Website:**

**[www.halliwellsurgery@nhs.uk](http://www.halliwellsurgery@nhs.uk)**

If you require urgent medical assistance when the surgery is closed and cannot wait until the surgery opens, please call the Out of Hours service on 0161 7638940.

## **Reception Opening Times:**

Mon to Fri – 8.00am to 6.30pm

## **Dr Anwar – Maternity Leave**

Dr Anwar will be going on maternity leave in May 2018. We have a female GP, Dr Idike, covering her clinics.

We would like to wish all the best to Dr Anwar and to enjoy her time with her new baby.

## **Bank Holiday Dates**

Please make a note of the dates below of our opening times over the Easter and May Bank holidays. If you need a doctor in an emergency please telephone NHS 111.

Bank Holiday Monday 7 May 2018	Closed
Bank Holiday Monday 28 May 2018	Closed

Please remember that there will be appointments available at the 7 day service (weekend/Bank Holiday) on these days; please contact the practice to pre-book one of these appointments.

If you have a medical emergency during these times, please contact the Out of Hours Service on 0161 763 8940.

## **Bolton Carers Support**

Are you a carer for a relative, friend or neighbour? If you are looking after someone and need advice and information, Bolton Carers Support provides a dedicated service for carers. You can contact their helpline and 'listening ear' service and also request a copy of their regular newsletter.

From 9am to 5pm Monday to Friday, you can call 01204 363056. At all other times, evenings/weekends/bank holidays, call the same number *if you have an urgent issue or emergency.*

If you are a carer for a relative, friend or neighbour, you can inform the practice of this and we will put you on our carers register. You will be invited in for an annual health check and offered the flu vaccination.

## Patient Online Services

Did you know that you can order repeat prescriptions and book appointments online?

- Do you ever remember that you have not ordered your repeat medication after the surgery has closed?
- Did you forget to book an appointment with one of the doctors but the surgery has now closed

**Well, the online service is available to our patients 7 days a week with 24 hour access.**

If you wish to sign up, please ask at reception for a registration form.

You can also sign up to My GP app and can book appointments via the app. You can download the app via your app store.

## Our Practice Website

Please visit our Practice Website - there is a lot of useful information on there about appointment bookings, latest news, prescription ordering, our clinics and services.

Please visit <http://www.halliwellssurgery.nhs.uk>

## Health Awareness Campaigns

1-30 April 2018 – Bowel Cancer Awareness Month - For 26 years, Bowel Cancer UK has aimed to save lives and improve the quality of life for all those affected by bowel cancer. Visit the website for more information <https://www.bowelcanceruk.org.uk/>

27 April 2018 – “On Your Feet Britain” - Take part in our national day when workers across Britain unite together and participate in a variety of fun and simple activities to #SitLess and #MoveMore at work. The On Your Feet Britain Challenge dares you to convert 'sitting time' to 'standing time' by following some simple changes. Please visit the website for more information - <http://onyourfeetday.com/>

01-31 May 2018 – National Walking Month - National Walking Month encourages people to walk more throughout May. Initiatives include, Walk to Work Week and Walk to School Week. Please visit the British Heart Foundation website for more information - <https://www.bhf.org.uk/get-involved/fundraising/just-walk/national-walking-month>

11-17 June 2018 – Carers Week - Carers Week is an annual campaign to raise awareness of caring by highlighting the challenges that carers face and recognise the contribution they make to families and communities throughout the UK. The campaign encourages others to organise activities and events throughout the UK. You can get involved by pledging your support. Please visit the website for more information - <https://www.carersweek.org/>